



	Serving Size	Weight (g)	Calories	Calories from fat	Total Fat (g)	%Daily Values*	Saturated Fat (g)	%Daily Values *	Cholesterol (mg)	%Daily Values*	Sodium (mg)	%Daily Values*	Total Carbohydrates (g)	%Daily Values*	Dietary Fiber (g)	%Daily Values*	Sugars (g)	Protein (g)	Vitamin A*	Vitamin C*	Calcium	Iron*	Percentage Daily Value
<b>FOUNTAIN</b>																							
Hershey's® Chocolate Shake	16 fl oz	574	1100	540	60	92	36	180	210	70	260	10	120	40	4	16	56	16	0	0	40	0	
Strawberry Shake	16 fl oz	574	810	430	48	74	29	146	195	64	250	10	82	27	0	0	76	14	6	2	20	0	
Vanilla Shake	16 fl oz	574	1120	540	60	92	36	180	195	65	150	6	131	44	2	8	87	15	50	0	30	0	
Oreo® Cookies & Cream Shake	16 fl oz	517	1040	540	60	92	31	157	195	64	560	64	114	38	2	7	96	16	6	2	20	15	
Chocolate Peanut Butter Shake	16 fl oz	510	1000	560	62	96	32	159	195	64	260	11	80	27	2	7	76	14	6	2	20	0	
Butterfinger® Shake	16 fl oz	517	1020	530	58	90	35	174	195	64	370	16	114	38	2	9	101	16	6	2	20	0	
Strawberry-Banana Shake	16 fl oz	573	890	440	49	75	29	147	195	64	250	10	102	34	2	8	92	15	8	15	20	2	
Mocha Fudge Shake	16 fl oz	488	870	470	52	80	32	159	195	64	290	12	89	30	0	0	86	6	2	20	0	0	
Big Apple	16 fl oz	670	1585	805	90	137	44	219	293	98	555	23	175	59	5	20	128	20	53	0	31	1	
add Malt	.5 oz	14	60	10	2	2	1	3	5	1	0	0	10	3	0	0	7	2	0	0	0	4	
Float	16 fl oz	411	420	240	26	41	16	79	105	35	135	6	42	14	0	0	42	5	10	2	15	0	
<b>STARTERS</b>																							
American Fries		227	531	204	23	34	6	27	0	0	79	2	77	25	9	36	0	7	102	0	0	9	
Cheese Fries		284	759	262	42	64	18	87	60	20	429	18	78	27	9	36	0	21	113	0	40	9	
Chili Bowl		369	872	516	69	107	34	170	154	52	1629	70	24	10	5	18	5	39	69	5	50	36	
Onion Rings		193	500	300	34	52	13	65	1	1	730	30	22	7	4	16	5	29	15	0	20	25	
1/2 Fries & 1/2 Rings		264	720	330	36	55	6	30	0	0	723	30	92	31	9	36	5	9	50	0	8	10	
Rocket Wings® - Full Order		276	538	198	20	30	3	17	116	40	2377	98	33	10	0	0	0	50	16	0	0	0	
Rocket Wings® - Small Plate		138	269	99	10	15	2	8	58	20	1189	49	17	5	0	0	0	25	8	0	0	0	
Chili Fries		454	1086	491	67	103	29	142	107	36	1069	45	91	31	12	46	4	34	142	4	45	27	
<b>ORIGINAL HAMBURGERS</b>																							
Rocket Single®		296	832	452	52	80	18	88	117	39	951	39	57	18	3	11	11	35	14	11	21	37	
Rocket Double®		406	1192	692	79	122	31	155	217	73	1156	47	58	18	3	11	11	62	22	11	36	57	
Turkey Single		287	732	362	42	64	12	58	167	55	991	41	56	18	3	11	11	34	14	11	27	32	
#12		349	880	496	57	87	19	92	110	38	1395	58	58	19	3	11	13	35	28	16	21	37	
Streamliner®		299	422	91	11	17	2	9	0	0	1521	62	60	20	8	30	10	26	4	10	15	51	
Route 66		301	911	540	63	97	18	92	105	36	876	37	53	17	3	11	14	35	7	3	20	36	
Smoke House		294	972	523	60	93	24	119	124	42	1574	63	60	19	3	11	13	49	11	0	24	42	
St. Louis		313	991	592	68	106	23	111	135	45	1491	60	53	18	3	9	14	43	9	6	21	37	
Patry Melt		261	786	410	48	75	19	95	120	41	886	35	48	15	3	10	4	39	12	3	30	33	
Chili Size		464	1254	633	84	130	39	191	206	69	1915	81	67	24	6	21	11	60	56	4	51	60	
The Original		322	790	436	50	76	14	70	90	31	1292	54	57	19	3	10	13	30	9	12	6	37	
<b>SANDWICHES</b>																							
Grilled Chicken Breast		271	632	289	33	50	6	33	88	31	1130	47	52	18	4	17	8	34	5	9	5	24	
Grilled Cheese		151	542	250	30	48	15	71	60	21	775	31	40	14	0	6	6	21	12	0	49	12	
Grilled Ham & Cheese		243	514	213	24	33	10	41	80	12	1803	34	40	14	0	6	11	16	7	0	34	13	
Bacon, Lettuce & Tomato		201	491	346	30	60	6	52	23	13	814	45	42	15	1	8	7	19	5	9	5	13	
Tuna Melt		300	754	390	45	72	15	73	110	37	1448	60	40	14	3	16	6	48	8	0	36	23	
Philly Cheese Steak		361	715	240	30	46	10	52	105	35	1085	45	58	19	3	10	5	50	40	9	22	24	
Egg Salad Sandwich		313	688	440	49	75	10	50	470	157	1022	43	41	14	3	17	7	26	1	2	13	28	
Tuna Salad Sandwich		313	708	410	46	71	8	40	80	27	1372	58	41	14	3	17	7	39	1	2	6	23	
Chicken Club Sandwich		371	1068	420	39	74	9	65	101	40	2141	98	126	44	3	28	2	63	8	15	1	45	
<b>OTHER FAVORITES</b>																							
Chicken Club Salad (w/grilled breast)		420	529	181	33	53	18	92	158	53	1107	45	23	9	5	17	6	51	59	93	48	16	
Chicken Club Salad (w/chicken tenders)		434	651	248	40	65	19	95	115	38	1997	83	46	16	4	13	6	42	62	93	50	8	
Hot Dog		133	422	210	24	37	8	40	35	11	790	33	38	12	1	5	6	12	2	0	4	14	
Chicken Tenders		213	520	200	22	34	5	22	70	23	2510	105	47	16	2	8	0	35	4	0	4	8	
Chili Dog		289	815	380	55	86	25	127	118	39	1453	62	46	16	3	11	9	32	27	3	47	23	
<b>BEVERAGES</b>																							
Coke®	20 fl oz	170	0	0	0	0	0	0	0	0	80	3	28	9	0	0	27	0	0	0	0	0	
Diet Coke®	20 fl oz	0	0	0	0	0	0	0	0	0	30	0	0	0	0	0	0	0	0	0	0	0	
Sprite®	20 fl oz	170	0	0	0	0	0	0	0	0	80	3	45	9	0	0	45	0	0	0	0	0	
Barq's® Root Beer	20 fl oz	170	0	0	0	0	0	0	0	0	80	3	49	16	0	0	49	0	0	0	0	2	
Fanta® Orange	20 fl oz	191	0	0	0	0	0	0	0	0	50	2	49	16	0	0	49	0	0	0	0	2	
Pibb Xtra®	20 fl oz	100	0	0	0	0	0	0	0	0	80	3	28	9	0	0	0	0	0	0	0	0	
add Cherry	.75 oz	22	0	0	0	0	0	0	0	0	0	0	2	1	0	0	2	0	0	0	0	0	
add Chocolate	.75 oz	60	0	0	0	0	0	0	0	0	10	0	13	4	1	2	11	0	0	0	3	0	
add Vanilla	.75 oz	21	0	0	0	0	0	0	0	0	0	0	5	1	0	0	5	1	0	0	0	0	
add Lemon	.5 oz	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	6	0	0	
Lipton® Iced Tea	20 fl oz	5	0	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0	0	
Minute Maid Lemonade	20 fl oz	170	0	0	0	0	0	0	0	0	140	6	49	16	0	0	49	0	0	0	0	0	
Hi-C® Fruit Punch	20 fl oz	240	0	0	0	0	0	0	0	0	0	0	62	20	0	0	60	0	0	200	0	2	
Milk	16 fl oz	280	140	15	23	9	47	60	21	220	9	21	7	0	0	0	21	15	10	8	50	2	
Cafe Blend Coffee	12 fl oz	10	0	0	0	0	0	0	0	0	10	0	2	0	0	0	0	1	0	0	2	2	
Hot Tea	12 fl oz	90	0	0	0	0	0	0	0	0	10	0	25	8	0	0	22	0	0	6	0	2	
Hot Chocolate	12 fl oz	140	45	5	8	3	16	10	3	210	9	25	8	1	4	24	2	10	10	10	10	10	
<b>DESSERTS</b>																							
Hot Fudge Sundae		290	830	420	47	72	26	129	115	38	250												

Big Apple	12 fl oz	402	672	324	36	55	22	108	117	39	90	4	79	26	1	5	52	9	30	0	18	0
add Malt	.5 oz	8	36	6	1	1	0	2	3	1	0	0	6	2	0	0	4	1	0	0	0	2
Float	12 fl oz	247	252	144	16	25	10	47	63	21	81	4	25	8	0	0	25	3	6	1	9	0
Kids Jr. Sundae		226	580	300	32	25	10	49	130	22	140	3	65	13	1	2	63	6	20	4	33	0

\* Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

\*\* Less than 2%

Johnny Rockets attempts to provide nutritional information regarding its products that is as complete as possible. The nutritional information provided is a summary of analytical data prepared in a laboratory environment, combined with representative values from the United States Department of Agriculture and our suppliers. In order to ensure freshness of our buns and produce, Johnny Rockets purchases these products locally from numerous vendors, thereby introducing factors of variability, such as the need for optional ingredients in buns. Some menu items may not be available at all restaurants; test products; test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur depending on the local supplier, the region of the country and the season of the year. Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. No products are certified as vegetarian; all products may contain trace amounts of ingredients derived from animals. This listing is periodically updated in an attempt to reflect the current status of our products and may vary from printed materials.